

JANUARY

# Fresh Beginnings

Girl Scouts know the best way to celebrate a new year is by trying new things! Do these activities with your family, then see if you can come up with more ideas to try together.

## Flavor Fun

Pick out a new fruit or vegetable, then try it with your family.

## Nice to Meet You

Learn to introduce yourself to someone new—hello, new friends!

## Be an Inventor

Imagine a brand new kind of toy, then draw a picture of it! What does it do? What makes it fun?

## Two for One

Use something you already have in a new way—could a sock become a puppet?

What our family is looking forward to in January: \_\_\_\_\_

And we're always looking forward to Girl Scouts!

Sign up for more fun today at [www.gshom.org](http://www.gshom.org)

FEBRUARY

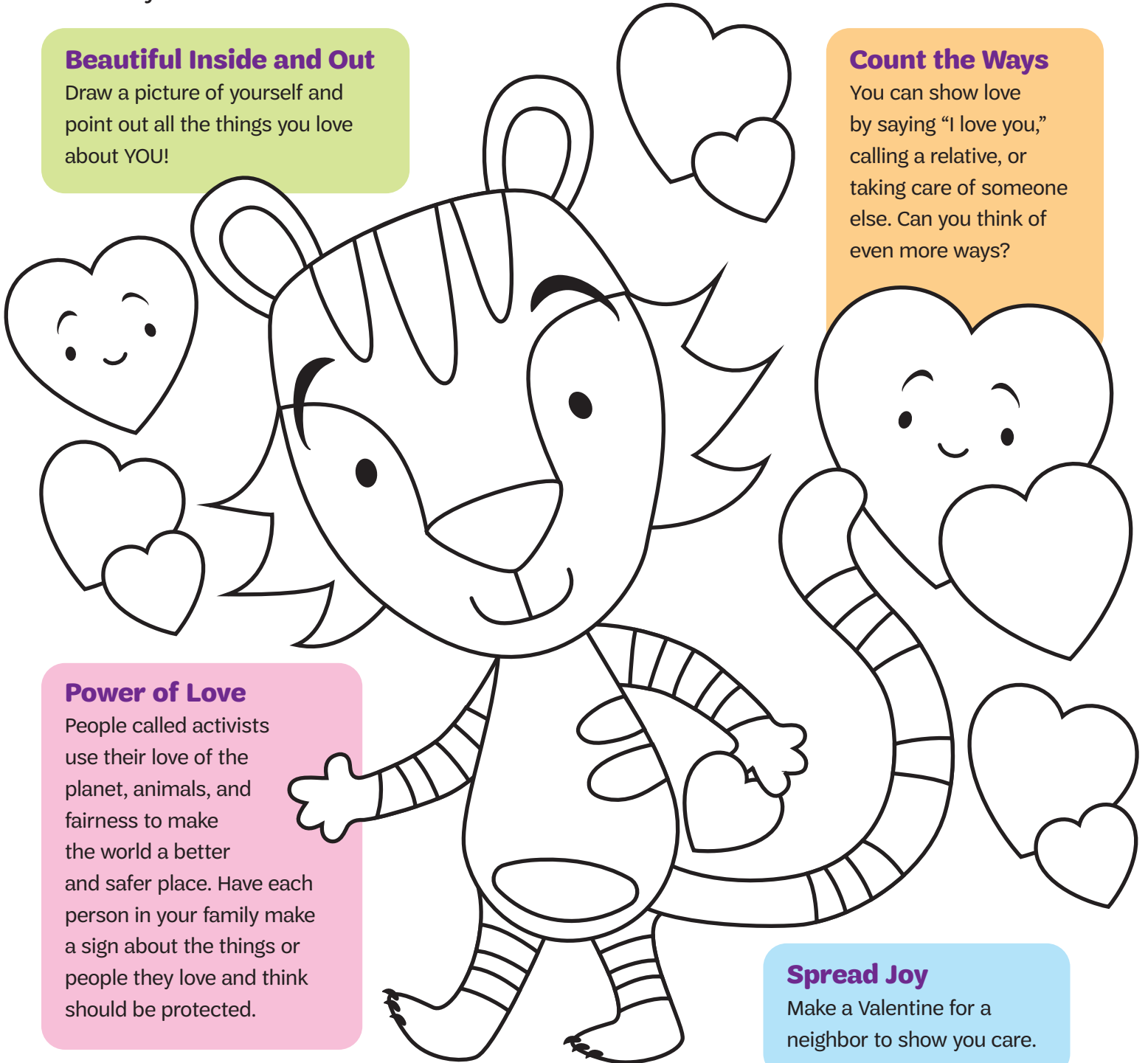
**Have a Heart** *Showing love and kindness to our friends, family, and community is one of the things Girl Scouts do best. Let's celebrate a whole month of love!*

**Beautiful Inside and Out**

Draw a picture of yourself and point out all the things you love about YOU!

**Count the Ways**

You can show love by saying "I love you," calling a relative, or taking care of someone else. Can you think of even more ways?



**Power of Love**

People called activists use their love of the planet, animals, and fairness to make the world a better and safer place. Have each person in your family make a sign about the things or people they love and think should be protected.

**Spread Joy**

Make a Valentine for a neighbor to show you care.

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MARCH

# All the Colors

Every Girl Scout knows you can't have rainbows without a little rain! Let's celebrate both with these fun activities.



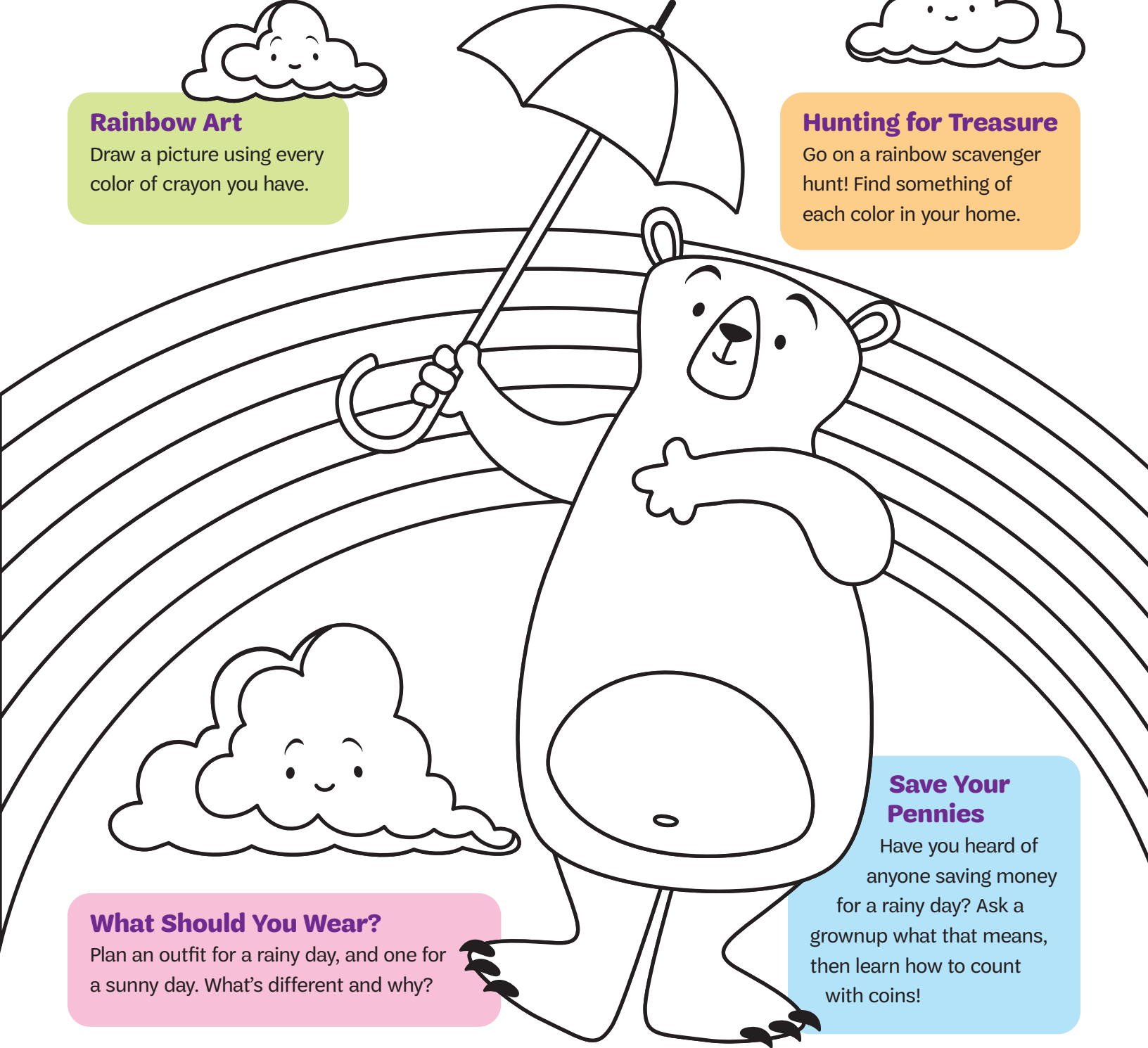
## Rainbow Art

Draw a picture using every color of crayon you have.



## Hunting for Treasure

Go on a rainbow scavenger hunt! Find something of each color in your home.



## Save Your Pennies

Have you heard of anyone saving money for a rainy day? Ask a grownup what that means, then learn how to count with coins!

## What Should You Wear?

Plan an outfit for a rainy day, and one for a sunny day. What's different and why?

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APRIL

# Protect Our Planet

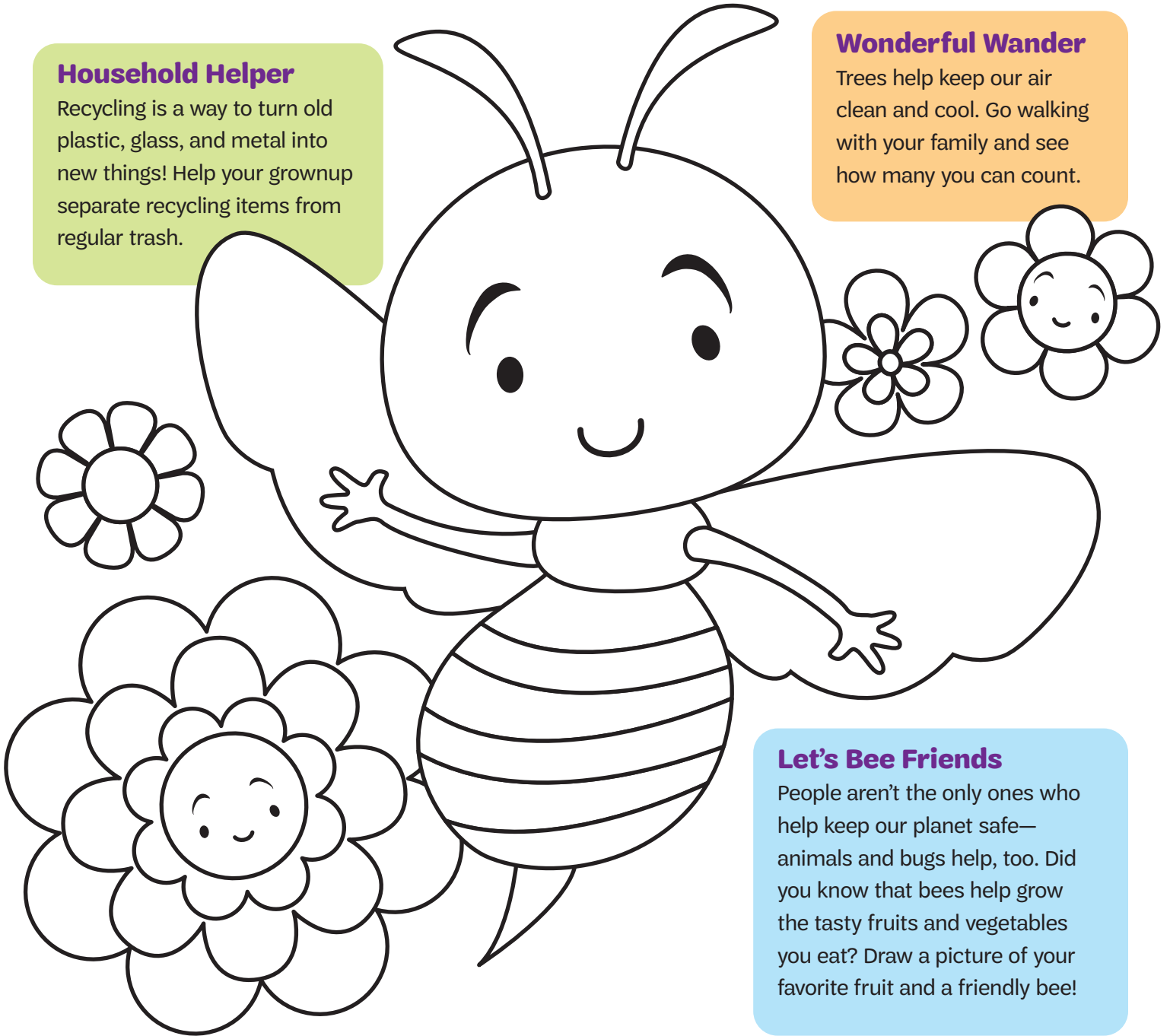
Nature is beautiful and it's everyone's job to help keep our Earth safe and clean. Try these fun activities to learn how you can make a difference.

## Household Helper

Recycling is a way to turn old plastic, glass, and metal into new things! Help your grownup separate recycling items from regular trash.

## Wonderful Wander

Trees help keep our air clean and cool. Go walking with your family and see how many you can count.



## Let's Bee Friends

People aren't the only ones who help keep our planet safe—animals and bugs help, too. Did you know that bees help grow the tasty fruits and vegetables you eat? Draw a picture of your favorite fruit and a friendly bee!

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MAY

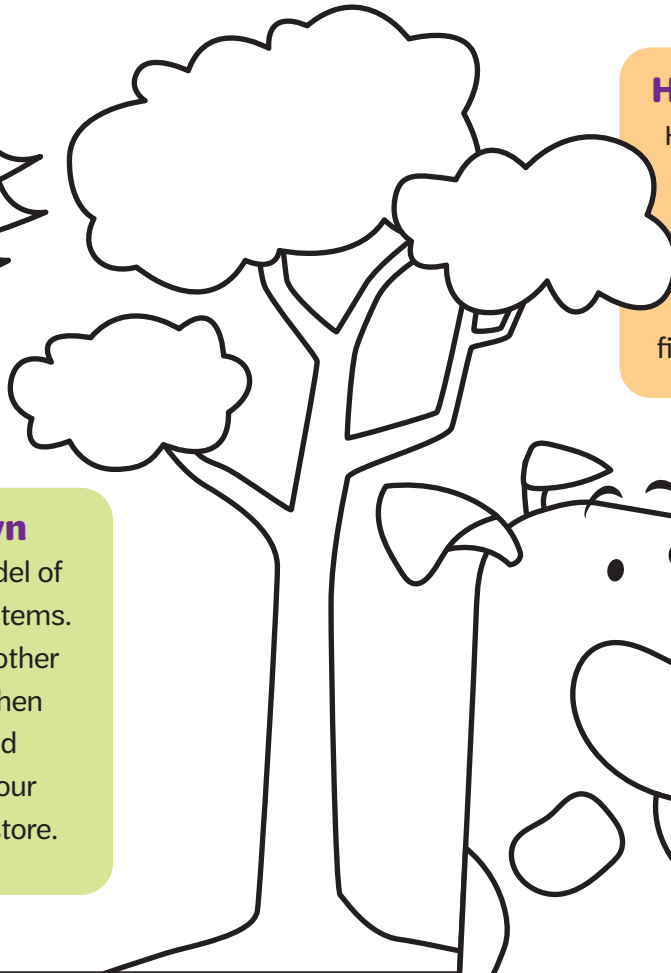
# Love Your Neighborhood

*Every neighborhood is special and different—so take time to celebrate everything that makes yours wonderful and think of ways that it could be even better.*



## Tiny Town

Make a model of your town using household items. Pretend a toy block (or any other small item!) is your house, then use things like soup cans and crayon boxes to represent your school, the library, and the store.



## Home Base

Have you ever looked at your town on a map? Have an older family member help you find a map of your neighborhood. Can you find where you live?



## Say Thank You

There are lots of helpers in your neighborhood, like firefighters, grocery store workers, and mail carriers. Draw a picture for one (or more!) of them to say thank you!

## Be the Boss

Talk with your grownup about how your town could be better. Is there trash on the ground? Does the park need a new playground? How would you fix these problems if you were in charge?

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\_\_\_\_\_

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JUNE

**Friendship Is Fun** *Friends are the special people who care about you and who you love to laugh and play with. Good friends can help us feel happy and strong. Let's celebrate them all month long!*

**You've Got What it Takes**

If you want good friends, you need to be a good friend, too! Think of three things you that make you a good friend.



**Sharing Is Caring**

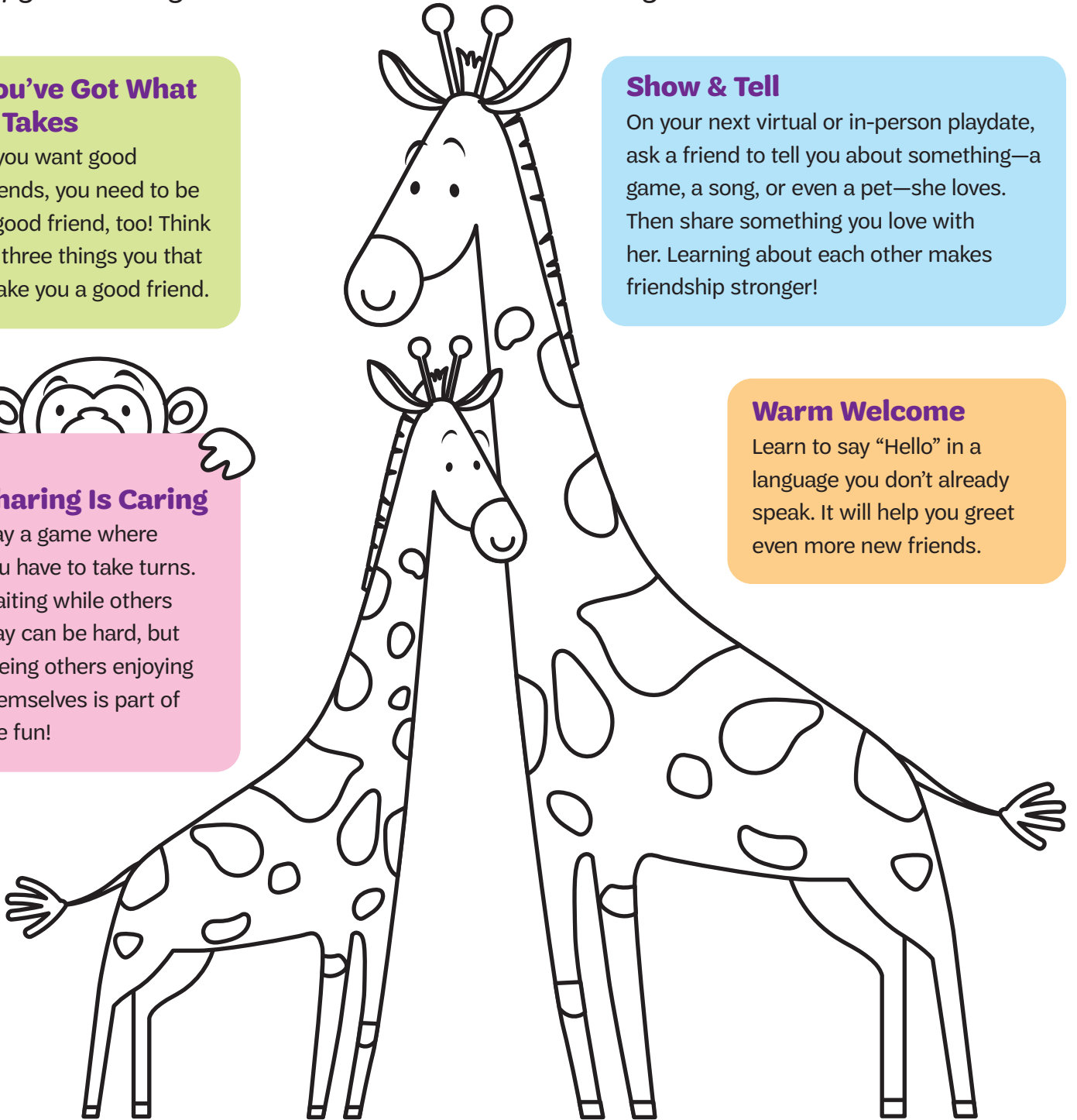
Play a game where you have to take turns. Waiting while others play can be hard, but seeing others enjoying themselves is part of the fun!

**Show & Tell**

On your next virtual or in-person playdate, ask a friend to tell you about something—a game, a song, or even a pet—she loves. Then share something you love with her. Learning about each other makes friendship stronger!

**Warm Welcome**

Learn to say "Hello" in a language you don't already speak. It will help you greet even more new friends.



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JULY

**Let's Play!** Games are lots of fun, but playing is also a good way to learn new things! Try these classic games with your grownup or friends.

### Hopscotch

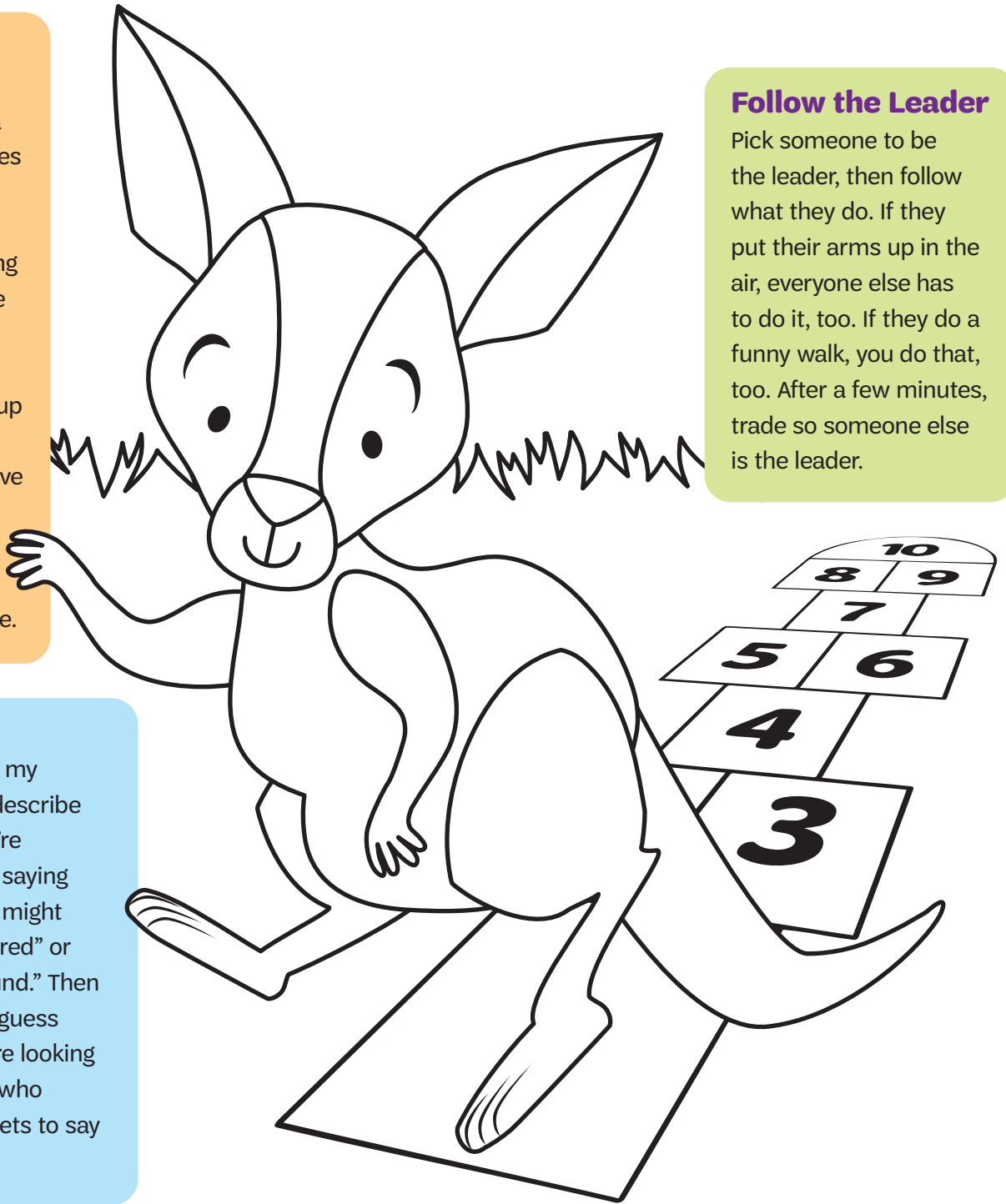
Use sidewalk chalk to draw a series of squares on the ground outside, then practice hopping from one to the other until you reach the end. You can make up different rules like that you have to hop on one foot or touch the ground on a certain square.

### I Spy

Say, "I spy with my little eye" and describe something you're seeing without saying what it is. So it might be "something red" or "something round." Then others have to guess what it is they're looking at. The person who guesses right gets to say "I spy" next.

### Follow the Leader

Pick someone to be the leader, then follow what they do. If they put their arms up in the air, everyone else has to do it, too. If they do a funny walk, you do that, too. After a few minutes, trade so someone else is the leader.



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AUGUST

**Big Feelings** *It's nice to be happy, but everybody feels sad, mad, or worried sometimes, too. From times when we feel silly to times when we feel brave, there are so many emotions to explore.*

### Emotions Dance

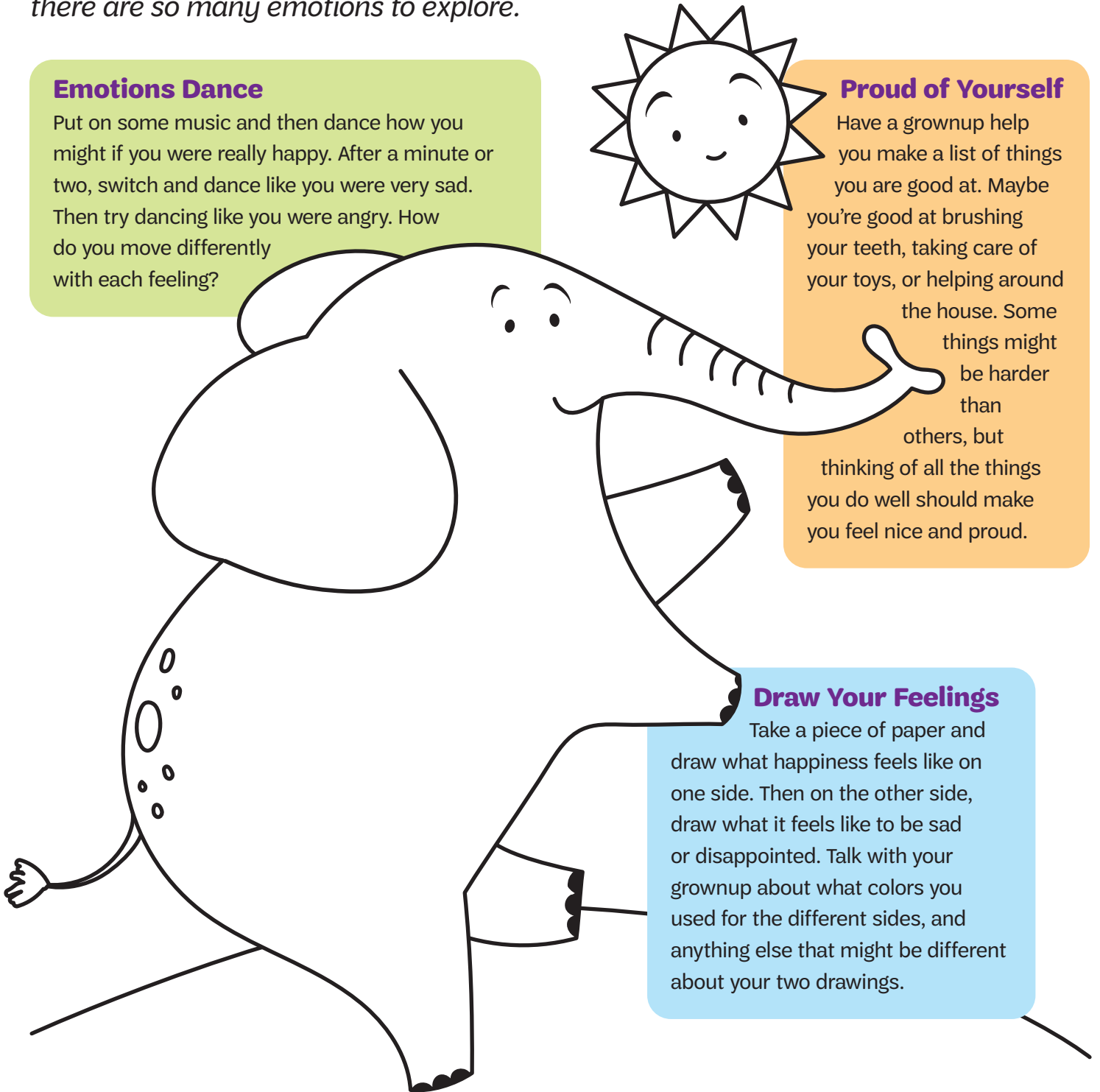
Put on some music and then dance how you might if you were really happy. After a minute or two, switch and dance like you were very sad. Then try dancing like you were angry. How do you move differently with each feeling?

### Proud of Yourself

Have a grownup help you make a list of things you are good at. Maybe you're good at brushing your teeth, taking care of your toys, or helping around the house. Some things might be harder than others, but thinking of all the things you do well should make you feel nice and proud.

### Draw Your Feelings

Take a piece of paper and draw what happiness feels like on one side. Then on the other side, draw what it feels like to be sad or disappointed. Talk with your grownup about what colors you used for the different sides, and anything else that might be different about your two drawings.



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SEPTEMBER

**Healthy Habits** *Being active and eating fruits and vegetables keep our bodies strong and healthy. Give your body a solid start by trying some of these fun activities with your grownup this month.*

### Eat a Rainbow

Fruits and vegetables that are naturally different colors help your body in different ways! Make a rainbow chart with a grownup and check off each color that you eat in a day—eating the whole rainbow is the goal.

### Beat the Clock

Go to the park and have your grownup set a timer. Run between two big trees, or from the drinking fountain to a picnic table. How long did it take you? Practice running over the next few days and see if you can run that same distance even faster after a week.



### Fix an Ouchie

When you get a scrape or cut, your grownup probably washes it with soap and water to keep germs out and covers it with a bandage. That's called first aid. Pretend a doll or stuffed animal of yours has hurt herself. How would you help her feel better?

### Sweet Dreams

To help you have nice dreams, draw the people and creatures you hope to meet in your dreams—maybe that's a unicorn, a famous gymnast, or even your teddy bear. Put it up by your bed so you'll go to sleep thinking happy thoughts.

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OCTOBER

# Let's Play Pretend

Using your imagination to pretend is one of the best ways to have fun—and it's something you can do anywhere! There's no limit to what your mind can imagine.

## Wild Moves

What if you woke up one morning and discovered you'd turned into a lion, a parrot, or a snake? How would you get around? Practice moving the way you would if you were each of those animals.

## Miss President

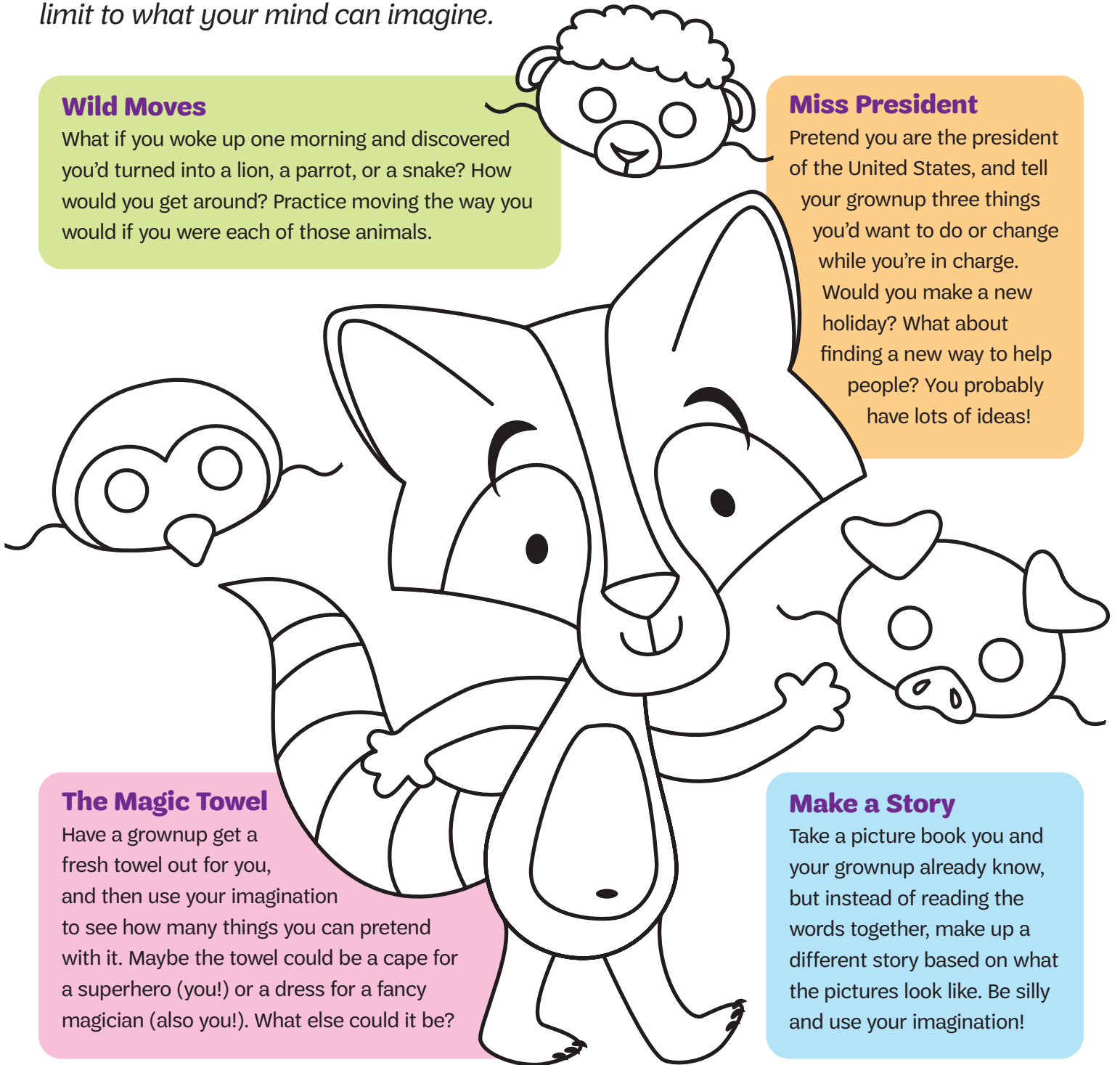
Pretend you are the president of the United States, and tell your grownup three things you'd want to do or change while you're in charge. Would you make a new holiday? What about finding a new way to help people? You probably have lots of ideas!

## The Magic Towel

Have a grownup get a fresh towel out for you, and then use your imagination to see how many things you can pretend with it. Maybe the towel could be a cape for a superhero (you!) or a dress for a fancy magician (also you!). What else could it be?

## Make a Story

Take a picture book you and your grownup already know, but instead of reading the words together, make up a different story based on what the pictures look like. Be silly and use your imagination!



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NOVEMBER

# Natural Beauty

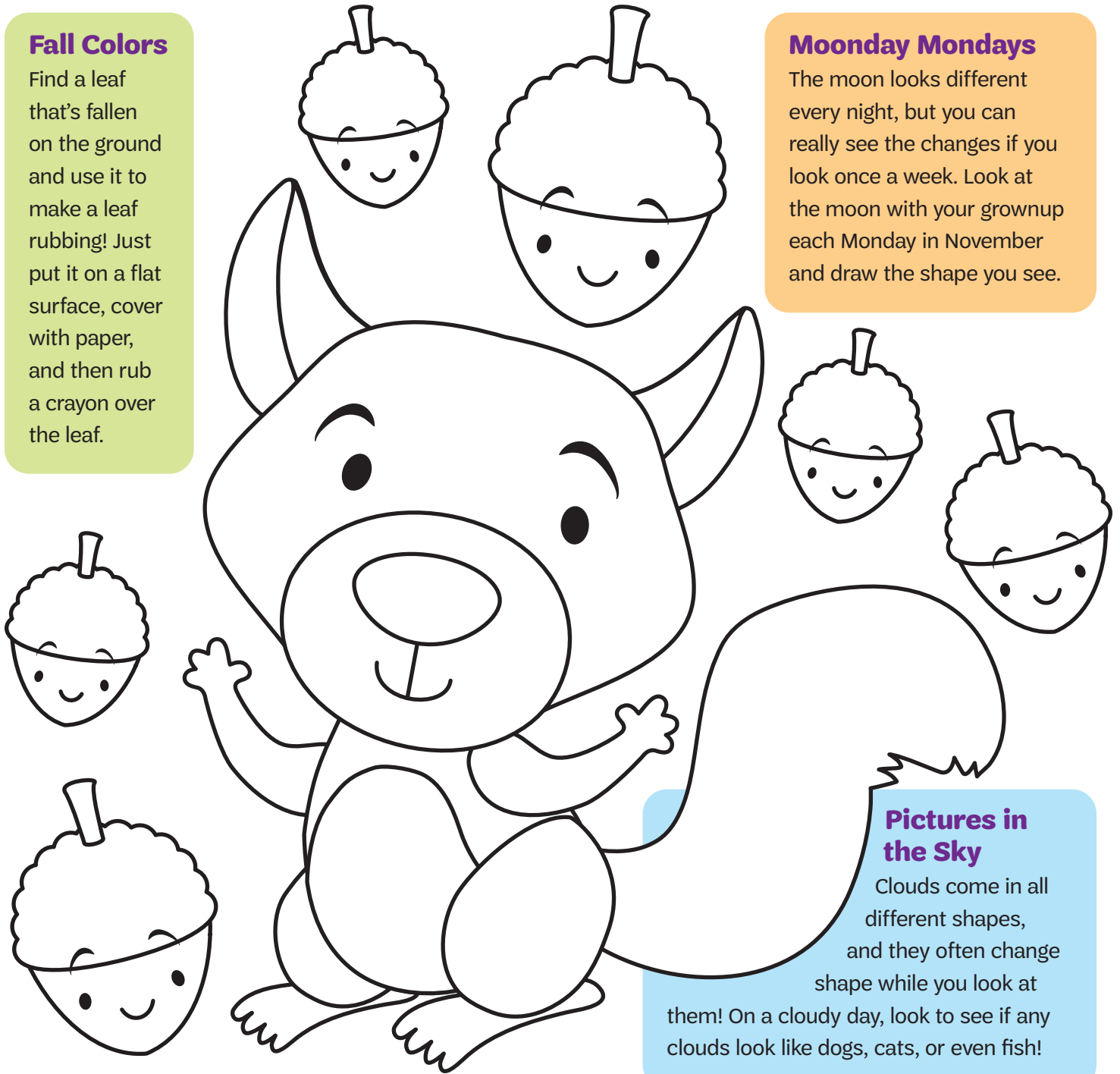
From plants and animals to the moon and clouds, our world sure is beautiful! Celebrate all it has to offer with these fun activities.

## Fall Colors

Find a leaf that's fallen on the ground and use it to make a leaf rubbing! Just put it on a flat surface, cover with paper, and then rub a crayon over the leaf.

## Moonday Mondays

The moon looks different every night, but you can really see the changes if you look once a week. Look at the moon with your grownup each Monday in November and draw the shape you see.



## Pictures in the Sky

Clouds come in all different shapes, and they often change shape while you look at them! On a cloudy day, look to see if any clouds look like dogs, cats, or even fish!

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DECEMBER

**Winter Cheer** *The end of the year is almost here! Let's think back on all the things that make you happy this year and find ways to spread cheer in your community.*

**Send a Song**

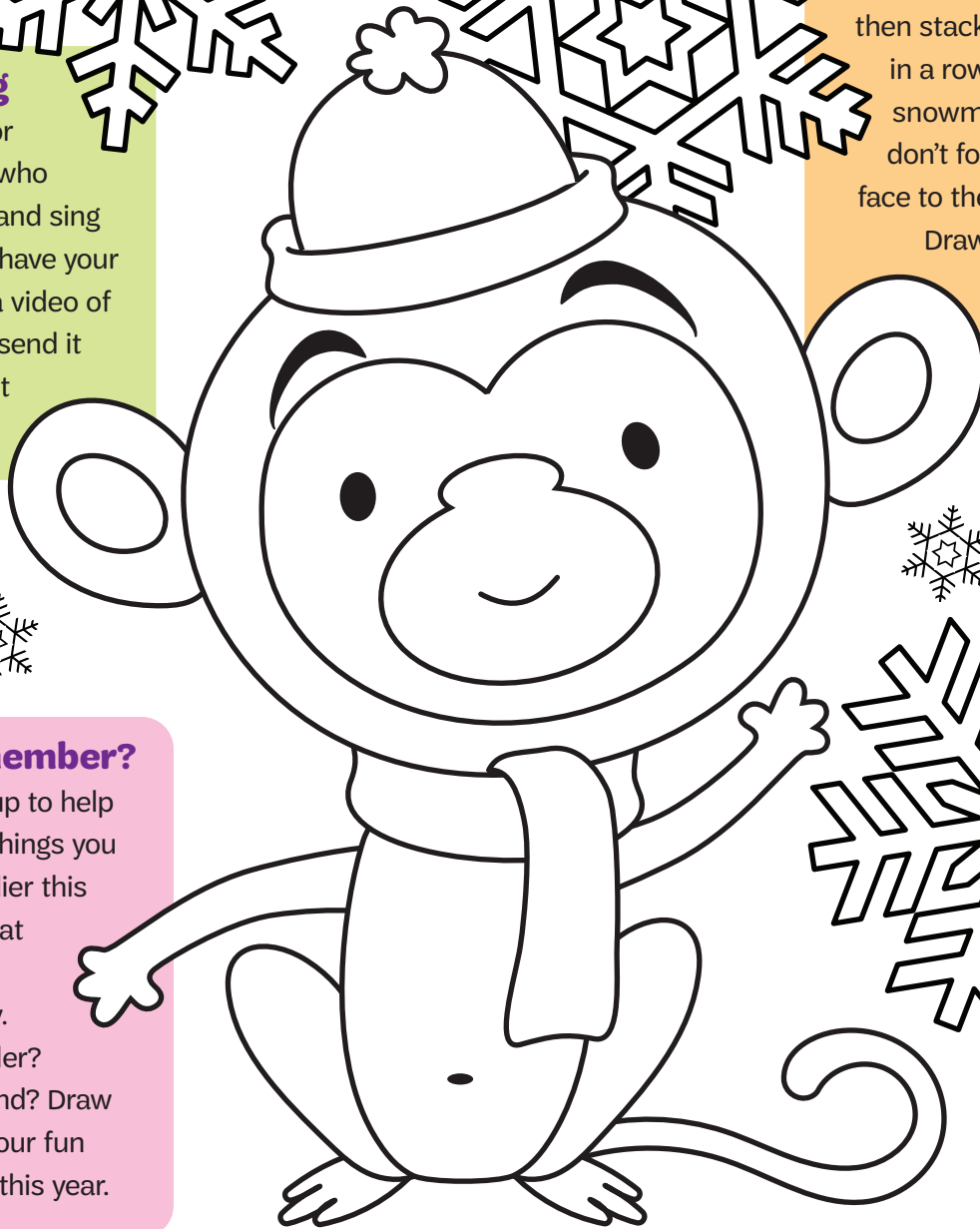
Call a neighbor or family member who might be lonely and sing them a song, or have your grownup make a video of you singing and send it to a few different loved ones.

**Frosty Friends**

Practice drawing circles, then stack three circles in a row to make a snowman shape—don't forget to add a face to the top circle! Draw more snow friends having fun together.

**Do You Remember?**

Ask your grownup to help you remember things you did together earlier this year or things that happened that made you happy. Did you grow taller? Make a new friend? Draw a picture of all your fun memories from this year.



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